

## Information about our consultation hours for coronavirus throat swabs (SARS-CoV2-PCR):

### **To whom is the offer addressed?**

**Only** to people who

- do not have risk or signs of acute infection
- require a certificate for professional or private purposes to prove they are not infected
- are Teachers and employees in schools

### **1. Who is **not** allowed to come to our consultation hour? (See notes below)**

People without an appointment

Returnees from abroad, possibly a risk area in Germany

With flu-like symptoms

In case you suspect acute coronavirus infection

In case you have had contact with a coronavirus positive person in the last 3 weeks

### **When is the consultation hour available?**

From 7:45 to 8:25 a.m., in the afternoon after prior binding registration

Practice 3rd floor, Bergstraße 14, 20095 Hamburg

### **How do I get an appointment?**

By phone or online via doctolib® / homepage

### **2. What do I have to consider when making an appointment?**

Please put down **readily** your full name, DOB, contact details incl mobile no/ email address

Please pay attention to mouth and nose covering and the distance rules!

Please keep your appointment!

Please have your insurance card ready for quick registration!

### **3. How long does the test usually take?**

Test before 11:00 a.m.

until evening

Test from 11:00 a.m. to 3:00 p.m.

morning of the following day

Test after 3:00 p.m.

during the following day

### **4. Notification of results and certificate:**

By mail, fax, anonymized via app with QR code or by email / PDF with name - also possible in English translation. Find out more in our practice when the test is taken

### **5. What if I can't get a test at the practice due to scheduling reasons?**

You can pick up a swab set, request form and instructions on performing a self-test at home in our practice (3rd floor) during our general opening hours (8:30 a.m. to 6:00 p.m.). Make sure to follow the instructions carefully!

### **6. What to do with the tubes after the self-test?**

The tube and the request form must be filled out carefully according to the instructions and can be dropped in our sampling box (1st floor, Monday to Friday). If the data is incomplete, the sample will not be processed

Further information about the coronavirus test:

**7. Travel Returners:**

Test centers at Hamburg Central Station / in front of the Museum of Kunst und Gewerbe , in Farmsen / Berne and in Altona (10:00 a.m. to 6:00 p.m. each) and at Hamburg airport. For more information, see Corona pages Hamburg <https://www.hamburg.de/coronavirus/14181160/2020-08-03-sozialbehoerde-corona-tests-aenderung-testpflicht/>

**8. If I feel sick or have had contact with infected people:**

Stay at home and call the medical on-call service (Tel. 116 117) or, if you are short of breath, the medical emergency service (112)

**9. At what time does a test make sense if I fear infection?**

About 3-7 days after returning from the risk area or possible infection. However, even a negative test does not completely exclude an infection. The incubation period after initial contact is up to 14 days. A test on day 3 and day 7 increases the informative value. For more information, see the RKI's corona pages [https://www.rki.de/DE/Content/InfAZ/N/Neuartiges\\_Coronavirus/Vorl\\_Testung\\_nCoV.html](https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Vorl_Testung_nCoV.html)